



# HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

April 2024

Edition 58

## DAFFODIL/VOLUNTEER APPRECIATION MONTH

By Laurie Deshane

**April is Canada's Daffodil Month!** The Canadian Cancer Society's (CCS) runs their **Daffodil Campaign** raising essential funds to save lives and improve the quality of life for people affected by cancer. A very important part of these funds support the world-leading work of cancer researchers in Canada. This year, CCS is celebrating its recent investment of \$19.7 million in *46 Challenge Grants*, funding the most promising projects designed to solve complex research challenges.

"Nothing in history has reduced the devastating impact of cancer more than research," says Andrea Seale, CEO, *Canadian Cancer Society*. Funds raised during this year's Daffodil Campaign will support the brightest minds in cancer research."

The *Challenge Grants* support research projects across Canada which will develop solutions with either an immediate impact or in finding ways to solve a larger challenge in the long term. The projects were selected with the input of more than 100 scientific experts, cancer patients, survivors and caregivers.

Research being funded includes: a new sugar-based dye for detecting breast cancer; viruses to prevent colorectal cancer; a blood test to determine if cancer has spread; an app to help young adult cancer survivors; artificial intelligence-aided detection for oral cancer; a study of barriers and inequalities in care faced by Black women with breast cancer; glowing nanoparticles to help surgeons operate more precisely; exploring how diet impacts immunotherapy effectiveness; and more. This

is mind boggling and amazing news for prevention. Go to [info@cancer.ca](mailto:info@cancer.ca) to find out how you can volunteer!

April coincidentally is "**Volunteer Appreciation Month**" and **Community Care Havelock (CCH)** honours their volunteers with pins for service and a delicious luncheon. I volunteered with CCH for over 20 years and enjoyed every aspect of my job. I worked in the office and arranged transportation for our seniors to medical appointments; I provided reassurance checks by phone to seniors every morning to see how they are doing. (There are so many seniors living alone and sometimes Community Care could be their only outside connection.) You can organize special events and picnics for CCH. They have a wonderful New-To-You shop that provides the community with gently used clothing and wares at affordable prices. Volunteers run the store, sorting; shelving; cleaning items for sale; as well as selling items at the store. Go to *Community Care Havelock* on FB for more information or call 705-778-7831.

I volunteered for both of these organizations and found the *Daffodil Campaign* allowed me to meet new people in my community by canvassing door-to-door. I also found *Community Care Havelock* very rewarding: to be able to provide services to assist seniors to live independently in their own homes. As an added bonus you get to meet and make so many good friends!

### WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 19

Check out local businesses



SEE PAGE 13 FOR INFORMATION ON THE HAVELOCK SENIORS CENTRE

# CONTACTS:

For the Editor: havelockrail@gmail.com  
 havelockrail.news@gmail.com  
 havelockrail.ads@gmail.com  
 havelockrail.finance@gmail.com  
 havelockrail.cevents@gmail.com  
 havelockrail.announcements@gmail.com  
 havelockrail.classifieds@gmail.com

If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, K0L 1Z0

Layout & Design: Silverstreak Creative Design

# SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$36.00 for 12 monthly editions.

# ELMER'S EDITORIAL

While Canada has over 20% of the world's fresh water, we are not the only people to recognize our important resource. In the 1960's, the North American Water and Power Alliance put together a proposal to divert the flow of the Fraser, Peace, Saskatchewan and other rivers to flow south and become part of a trans American canal that would divert water from the Great Lakes to the mid western USA . Needless to say most Canadians were not thrilled to see Canadian fresh water flow to the US. Prime Minister Pearson found the proposal interesting but other Canadians including Maude Barlow and the Council of Canadians launched a vociferous campaign to SAVE OUR WATER.

During the free trade negotiations, the Americans wanted water included in the deal. Prime Minister Mulroney, who gave up our auto manufacturing, to his credit, refused to allow water to be part of NAFTA. Since NAFTA was signed the idea of diverting our water south has subsided but that is all about to change. Farmers and towns have been sucking almost all of the water from the Colorado River and they are pumping the two large mid western aquifers to alarming low levels. In one Arizona town the water table in 1990 was 154 feet below ground and in 2023 it was over 540 feet below ground.

With climate change and reduced precipitation in some areas, the aquifers cannot refill so we can expect Americans will be back looking for our fresh water.

In the Greater Havelock Area, we may feel removed from our neighbour's water woes but we should take notice and not waste the precious water we have. Two different rural citizens recently expressed concerns that their dug wells may be dry even before summer. We have had very little snow to melt and reduced rainfall to maintain our water table.

At a recent water conference, I heard the word cistern, not something I have heard lately. Growing up on the farm, we had a cistern to catch water for washing, bathing, cleaning, watering plants etc. I am not suggesting we should start putting in cisterns, but we could start using rain barrels to supply water for our plants and gardens.



**CarolAnnThomson**

REAL ESTATE BROKER



Is this the year to make your next big move?

Contact me and I can help you get the price you want.

**705-653-6124**

CarolAnnThomson.com



TEREQUITY REALTY BROKERAGE\*  
 INDEPENDENTLY OWNED AND OPERATED  
 10 YONGE ST., TORONTO ON / 416-366-8800  
\* NOT INTENDED TO SOLICIT BUYERS OR SELLERS ALREADY UNDER CONTRACT

## Havelock Pharmacy Guardian

Part of your community since 1952  
**COURTEOUS • RELIABLE • PROFESSIONAL**

*Walk-in Clinic • Compression Stockings  
 Incontinence & Ostomy Supplies • Flu Shots*

44 Ottawa Street West, Havelock, ON K0L 1Z0  
**Tel: 705.778.3851 • Fax: 705.778.5216**  
 rxhavelock@outlook.com

## Havelock Seniors Club

Hall Rental call Gerald 705-957-7596

***Check coming events for activities.***

**Hall rental available at a reasonable fee.**  
 Birthdays, family holidays, community meetings  
 and funeral receptions.

# FRIENDS OF HAVELOCK FUNDRAISER BOOK SALE

By Paul Stevens

The March issue of the Rail has a short article about the coming Friends of Havelock Annual General Meeting. The "Friends" is a non-profit corporation seeking status as a charitable corporation. Its goal is to raise funds that can be invested and have returns on investment cover the costs of printing and distributing the Havelock Rail, and eventually provide for grants for youth and seniors organizations situated locally.

To support this initiative, there is going to be a used books sale, books sold by donation, at the Seniors Centre on Saturday, May 18th, from 9:00am until 1pm. I cannot list the book titles because there will be hundreds. Topics include fishing, camping, outdoor skills, health & fitness, gardening, pruning, landscaping, photography, study skills, handwriting analysis, archery, bow construction, DIY, personal improvement, rapid math secrets, magic, self defence and martial arts, crafts, kids projects, car repair, history, biography, carving, aircraft and much more. If you would like a listing of the topics covered, send me an email. <pstevens2@gmail.com>.

# HAVELOCK FARMER AND ARTISAN MARKET

The Farmer and Artisan Market is accepting online applications for the 2024 market season which runs from Friday May 17 to Friday October 11. Go to "Havelock Market" to complete an application and get more information about the market.



**SAVE THE DATE**

**Saturday May 11th is Celebrate Havelock at the Arena from 9-4.**

## #7 AUTO PLAZA

6725 Hwy #7, East of Havelock

**AUTO REPAIR – 24 HOUR TOWING**  
 Serving All Roadside Assistance Providers

 **705-778-3027**

YOUR LOCAL CAA PROVIDER 



**REFRIGERATION**  
 HEATING & AIR CONDITIONING

---

**MARC FINLAY SALES & SERVICE**  
 73 MATHISON ST. E HAVELOCK, ON K0L 1Z0  
**705-740-7747**  
 mkfinlay20@gmail.com

# FRIENDLY TOWN

## CAR WASH



Hwy. #7, east of the stoplights in Norwood, ON



**Rural Lynx**  
 CONNECTING COMMUNITIES TO THE WORLD  
 High Speed Wireless Internet & Network Cabling

**833-875-5553** Info@rurallynx.com  
 Support Local Business [www.rurallynx.com](http://www.rurallynx.com)



# THE BRANCH RANCH

*By Brooke Wrightly*

Jess York (Hill), daughter of Philip and Diane Hill, was born and raised in Havelock Ont. Jess married her husband Chris and now lives on a farm, north of Warkworth. The couple operates **The Branch Ranch**.

For our serial weavers, we offer projects that allow them to hone and develop their skills in this ancient craft! We occasionally offer workshops not related to willow as well. No matter who you are or what your skill level is there's always something new and exciting to learn (myself included)!

The couple also offers dried basketry willow for sale across Canada and the US.

The business was founded by two women with backgrounds in Horticulture and Art, blending nature and creativity by combining a sustainable, natural medium and an ancient craft.

In the coming years we will offer living willow tree workshops as well as living willow structures for sale just like the ones at Percy Centennial Public School and many other local schools. These structures and trees are available in the spring only.

"The original owners were kind enough to share their love of willow and the craft with us, and that's how we landed here, in the land of growing willow and Willow craft. My own interest in willow began with the love of living willow trees and structures. I have always been inspired by the diversity of willow craft, and The Branch Ranch allows me to combine many things I love - the outdoors, crafting, and teaching. The Branch Ranch has been offering workshops year round in basketry, garden ornaments, bird feeders, and decorations for some time, it's one of the things we are so well known for. I love that people join us for the day with no prior weaving skills, and they leave the farm with a beautiful and unique item that they created themselves!"

We have also revived the Christmas sale! The sale, will offer gifts and unique festive winter planters.

"We are so proud to be part of this amazing community, and we can't wait to connect with you and share our love of this craft," says Jess.



20 George Street West, Havelock

705-778-2231

76 Bridge Street North, Hastings

705-696-2222

Funeral Directors—ROBERT S. EDWARDS & EMMA A. KLOMPIKER

**We honour the life lived, and not just the loss. Our condolences to the families we have served.**

**GERALD WRIGHTLY**

**JAMIE PERFECT**

**TERRY COBBING**

**ANN KENNEDY**

**ELAINE COSGROVE**

**FRANK BAK**

**DENISE ROBICHAUD**

**BARBARA SEABOYER**

*Your Local, Community Funeral & Cremation Provider*

[www.brettfuneralchapels.com](http://www.brettfuneralchapels.com)

# HBM STRATEGIC PLAN PUBLIC MEETING

By Paul Stevens

On February 27th HBM held two public meetings to give residents an opportunity to speak up on the kind of place they want HBM to be. The meetings were organized by Praxis Consulting and facilitated by Valerie Sluth, the CEO. Members of the public who attended were asked to take a spot at one of the groups of tables that were set up. There was room for 4 or 5 members of the public at each table and each table had an HBM staff member to take notes and record the comments of the public sitting at each table.

Valerie walked attendees through the Strategic Planning survey that had been provided by Praxis and available online to the public until late in February. Each question or option presented in the survey was discussed by table participants and their responses were recorded by the HBM staff record that was taking notes. There were typically three available responses to each survey question covering a range of positions. The meeting attendees were shown

the results of the crowd's selections and after that was displayed they also were shown the results of the online survey, current to that evening.

The whole process proceeded quite smoothly and, based on the comparison of online survey results to the results from the round table discussion, seemed to do a credible job of tapping into the public's feelings. Having note-takers at each table ensured that more nuanced opinions were collected than would have been possible from the relatively straightforward survey itself.

Participating in the strategic planning meeting and completing the online survey was a great way to let the township and village staff know what kind of community we most want. Kudos to HBM and to those members of the public who took the time to make their wishes known. We can now look forward to the completed version of the plan sometime later this year.



**CARQUEST CANADA LTD.**

**Your Local Automotive Parts and Accessories Store**

114 Concession Street North, Havelock, Ontario K0L 1Z0  
 Tel: 705-778-3306 Fax: 705-778-5261  
 Email: 1685str@stores.carquest.com

**BELMONT ENGINE REPAIR**  
 SINCE 1993

**Sales & Service**  
**Bill Seabrook**  
**(705) 778-3838**  
 belmontenginerepair.ca

**ECHO** **Husqvarna**  
**BEAR CAT** **STIHL**  
**WALLENSTEIN** **ARIENS**

**6725 HWY 7 East Havelock, ON K0L 1Z0**

*Amazing Dollar Store*  
**The Dollar Store with more!**  
[www.amazingdollar.ca](http://www.amazingdollar.ca)

*Holly Davis*  
 Owner

Box 41, 42 Ottawa St., W.  
 Havelock, Ont. K0L 1Z0  
 (705) 838-2045  
[amazingdollar42@yahoo.com](mailto:amazingdollar42@yahoo.com)




**HAVELOCK**  
**TIMBER MART**

*You can do anything.*

137 County Rd 46  
 Havelock, ON  
 K0L 1Z0

**Phone:** 705-778-3391  
**Fax:** 705-778-3233  
**Web:** [www.timbermart.ca/havelock](http://www.timbermart.ca/havelock)




## BLAH BLAH BLAH... CLIMATE CHANGE...

By Sandra Caswell

It's easy to block out the onslaught of news that comes at us on any given day. Why listen to or read something that's going to bum us out? Well, the folks at 4RG (For Our Grandchildren) in Peterborough know that it's not all doom and gloom when it comes to climate change. That is why 4RG focuses on encouraging news stories, stories that show the progress that is possible when big or small actions are taken.

Like... did you know that China added more solar panels in 2023 than the US has in its entire history? Or that Canada's Building Trades Unions introduced "Building it Green", Canada's most comprehensive climate-focused education curriculum for the building industry? And that Ontario has set a procurement target of 5,000 megawatts of new non-emitting wind, solar, hydropower or bioenergy capacity over the next decade? In Peterborough, the city's first zero-emissions fire hall is slated for completion by the end of 2024.

There is no denying much is needed to alter the earth's climate change trajectory. 4RG doesn't shy away from pointing out where more action is

needed from individuals, companies, and local levels of government. 4RG's approach is to work with, not against, and as such it is a wealth of practical advice for getting involved and doing little things that all add up to a lot.

Check out [fourgrandchildren.ca](http://fourgrandchildren.ca) and sign up for the newsletter or attend a monthly meeting to learn more. I don't think you'll find a reason to tune them out



**PUP'S TREE SERVICE**

**John Deshane**

R.R. #1 Havelock  
Ontario, K0L 1Z0  
(705) 778-3461

**Tree Removal • Trimming • Chipping**



**Your Office**

OUR OFFICE IS... YOUR OFFICE

**SINCE 1995**

**2023 TAX SEASON EXTENDED HOURS**  
**START FEBRUARY 20TH**

**MONDAY - FRIDAY 10-6**  
**SATURDAY & SUNDAY 10-2**

**705-778-7011 (1)**  
**99 OTTAWA ST. EAST, HAVELOCK**  
**INFO@YOUROFFICEONLINE.COM**



# COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)

It's that time of year when we need to start thinking about a task many people dread, filing our income taxes. Once again the CVITP will assist those who qualify to file their returns electronically with the Canada Revenue Agency. This service is free.

To qualify you must have an income of less than \$35,000 for a single person or \$45,000 for a family. This program is available to those with a simple tax situation such as social assistance recipients, newcomers to Canada, indigenous persons, seniors and students. We cannot help people with complex situations such as those with business or rental income, those who are self-employed, or who report capital gains or employment expenses, those who have filed for bankruptcy, or for deceased persons.

When you attend a clinic you will need all your tax related documents (T-3, T-4, T-5 etc.) along with rent receipts from your landlord or property tax information from the township. There are a couple of simple forms you must complete. Then you come back in a couple of weeks to pick up your documents and the information regarding your return.

The Clinic will be held at the United Church on Mondays from 10am to noon on April 8th and 22nd. Please be aware the clinic on April 22nd is for pick-up only.

# VOLUNTEER PETERBOROUGH HELPING HAVELOCK

Over the past three years, more than half of Ontario's agencies and volunteer boards of directors lost a drastic number of volunteers. Sadly, 40% of them still experience difficulty getting people to come back. That reflects the reality in Havelock as well.

At the same time, entire groups of new residents, recent retirees and young people seek ways to get involved as volunteers. But there is a disconnect.

When Volunteer Peterborough met with focus groups earlier this year, they say they encountered multiple barriers to volunteering. Primarily:

- Lack of a central database
- Lack of a specific role with a specific timeline or specific project with an end date.
- Insufficient promotion within the community.
- No one "asked."

**WHAT'S THE CURE?** VolunteerPeterborough.ca works like a dating app to align people more quickly with the right tasks and the right nonprofits to match their interests. Our site invites people to sign up as individuals or to register their organizations. Once a non-profit passes our screening, you can post roles and events, which we promote via our newsletter, social media posts, etc. so you get in front of more people.

At this point, we have signed up 540 volunteers and 90 organizations; those numbers grow every week. And we're just getting started.

We offer an innovative, community-based, low-cost, high ROI solution to a pressing problem.

### HOW CAN YOU HELP?

- Keep volunteering.
- Invite others to do the same. Make volunteering contagious.
- Become part of our volunteer movement. Sign up your non-profit and post jobs so we can make even more matches.

We invite groups and individuals from everywhere within the Peterborough region to join our volunteer movement. Join anytime!



**Farrell Masonry LTD**

**Commercial & Residential Masonry**  
**Brick • Block • Stone • Restoration**

*For All Your Masonry Needs*  
**FREE ESTIMATES**

**Box 767, Havelock, ON K0L 1Z0**  
**Bruce Farrell: 705-778-7579 • Cell: 705-875-5745**  
**farrell.masonry@hotmail.com**

**WILL DO.ca**  
WILLS & POWERS OF ATTORNEY

I make it easy for you to make your wishes known.  
**705-778-1688**  
 Shannon Ross, Barrister & Solicitor  
 initial consultations are always free - info@willdo.ca

**PERSONAL - APPROACHABLE - AFFORDABLE**



# CORDOVA CORNER NEWS

By Laurie Deshane

On Sunday, February 18th, there was a good snowfall, just in time for *Cordova Mines Recreation Association* to host their second annual Family Fun Day! The day started with a delicious breakfast of pancakes (including gluten-free) with bacon and sausages. After breakfast, there were outdoor games, a bonfire with hotdogs and marshmallows, and a colouring contest. Many thanks to all of the volunteers and special thanks to the community for your continued support! Everyone had a blast and they can't wait to hold another Family Fun Day next year! Congratulations to Nancy Grozelle and Clare Matthews on a successful day!

The *Cordova Mines Recreation Association* will be hosting a **Spring Dinner** on Saturday, April 27 at 6:00pm; cost is \$20.00. Everyone's favourite: Ham and Scalloped potatoes and baked beans! There will be a cash bar, 50/50 tickets and door prizes. Tell your family; tell your friends: support the *Cordova Mines Recreation Association*! Call Lisa Howie at 1-613-472-3650 to reserve.

We just finished another great meal on March 16 hosted by the *Cordova Mines Recreation Association* to celebrate St. Patrick's Day. Sharon Haines and her team created an authentic Irish feast; Irish stew was the main course and it was a full house that enjoyed this delicious meal! I just

want to acknowledge all of the work that goes into having a meal such as this: Shopping; prepping days before; setting tables; getting permits; and finally, preparing the meal and serving. Then there is the enormous cleanup that is required! So I am sure that the community is with me when we say we really appreciate the commitment, time and work from all of the volunteers to achieve this awesome professional dining experience!

Did you notice that there have been people working at the Cordova Outdoor Rink? With funding from Ontario Trillium, The Havelock Belmont Methuen Township was able to obtain funds to renovate the outdoor rink. They are replacing the fence boards and are installing a cement pad so the rink will be easier to flood each year. But as an added bonus you can use the pad in the Summer/Fall months for Pickle Ball or any other activity you might want to explore. This is great news for the Cordova Community. Be sure to check it out this summer!

We should be extremely proud that The Havelock Township Council has been working diligently to assist both Havelock Belmont Methuen Township and Cordova in obtaining government funding to acquire equipment and resources to better our community!





# FERAL CATS By Paul Stevens

Andrea Thomas is an in-home dog trainer and owns and operates K9 Manners. She moved to Havelock a couple of years ago. While taking her own dogs out on walks she couldn't help but notice numerous cats outside in the evening. She would see them through the winter as well. As she became familiar with her neighbours and made friends the subject of outdoor cats would come up periodically. Andrea is trying to do something about these cats. Many of the cats that Andrea saw were feral. That is cats that had been abandoned by their owners. Feral cats can become a problem when their numbers grow too large, as Andrea discovered when she started doing research into how other communities were dealing with the issue.

Feral cats form into colonies. An abandoned building or shed attracts large numbers of the felines, but in large numbers diseases can spread more easily. A female cat can have a litter at 4-5 months, have 4-5 kittens and have 3 litters a year. The risks to people's canine and feline pets increase. Young children who are attracted to young kittens like iron filings to a magnet are at increased risk as well. A 2013 research paper written by Peter Blancher estimated cats (mostly feral) killed between 100 and 350 million birds annually in Canada.

Andrea's research identified the Trap, Neuter, Return (TNR) methodology, recommended by "Operation Catnip" as the most reasonable solution for Havelock. And that is the one she recommended in her presentation to

HBM Council recently. After listening to her presentation, Council received a motion directing her to form a committee to meet with the Townships Bylaw Officer.

Andrea knows there is much work to be done. Volunteers are needed to help with live trapping the cats, transporting them to clinics for neutering, caring for them for the few days after the procedures and providing shelter during winters harsh weather. People are needed to manage social media announcements when cats are available for adoption, and people to engage in fund raising to pay for the medications and food for the cats. Ideally Andrea would like to see ongoing funding provided by the Township. Having a well functioning organization that is working to manage the problem is a first step. She has started a GoFundMe Campaign called Homeless and Feral Cats Havelock. You can donate or find out more about her efforts there. Adrea has already generated local and regional interest in the campaign. Her presentation to Council was picked up and reported on by the Peterborough Examiner. That article was noticed by the CBC who interviewed her on the January 19th episode of Ontario Morning. The HBM Council meeting is on YouTube at <https://www.youtube.com/watch?v=kbeK8YEptcY>. The CBC interview can be found on Google if you search for "stray-cats-overwhelm-havelock".

Andrea has started a Facebook Group for those interested in learning more. HBM Strays & Ferals - Have a Heart Group.



**MEET J.J. AND TANYA, YOUR LOCAL, FULL-SERVICE REAL ESTATE EXPERTS!**

Whether you are buying or selling, J.J. and Tanya have the resources and in-depth understanding of the local market to make your next real estate transaction a success!

**40+ YEARS OF COMBINED LOCAL EXPERIENCE WITH PROVEN, AWARD-WINNING RESULTS!**

J.J. and Tanya are proud supporters of local organizations, events and charities! They're living, working, investing, and raising families right here in Havelock-Belmont-Methuen!





**RE/MAX**  
HALLMARK EASTERN REALTY  
Member, Independently Owned and Operated | RAISING THE BAR®




10 OAK ST, P.O. BOX 219, HAVELOCK ON K0L 1Z0

**P: 705 778 3666**

**hello@jjandtanya.com • jjandtanya.com**

Not intended to solicit Buyers or Sellers currently under contract.



**HORIZON**  
FAMILY DENTISTRY  
*"Toothfully Yours...Always!"*

**DR. VIPIN GROVER & ASSOCIATES**

Medical Centre 75 Concession St. Havelock ON K0L 1Z0

T. (705) 778.2881 F. (705) 778.2968  
[havelock@horizonfamilydentistry.com](mailto:havelock@horizonfamilydentistry.com)



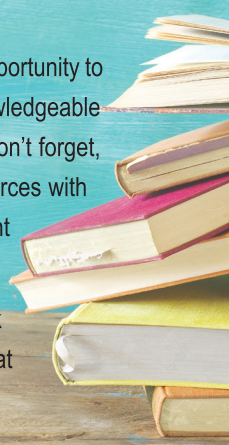
**RESIDENTIAL & COMMERCIAL**  
SIDING / WINDOWS / DOORS  
EAVESTROUGH / STEEL ROOFING  
ADDITIONS / DECKS / FENCES  
LANDSCAPING / INTERLOCKING STONE  
RETAINING WALLS / SEPTIC TANKS  
**JUST ABOUT ANYTHING!!**

**1 705-778-3247 | 1 833-778-3242**  
**NORTHERNEXPOSURELTD.COM**

# LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Mark your calendars, the Havelock Library will be hosting Birds of Prey on Saturday April 20 at 2:30pm. This is a wonderful opportunity to learn more about raptures brought to you by husband and wife team Matthew and Kristin Morgan. The Morgan's are very knowledgeable about these birds and will share this with us. Check out their website [www.theeyrie.ca](http://www.theeyrie.ca) to learn more about the Morgan's. Don't forget, you will need to contact either library to reserve your seat. Also you can go to our webpage and check out our online resources with either Britannica Library or World Book online to learn more interesting facts on Birds of Prey or something else that you might be interested in.

Come in and check out the latest books, including James Patterson, M C Beaton, and Nora Roberts. Don't forget to check out our webpage [hbmlibrary.on.ca](http://hbmlibrary.on.ca) or our Facebook page for other happenings at the Libraries and contact either Havelock at 705-778-2621 or Cordova at 705-778-2721 to reserve your seat for the Birds of Prey.



# ENVIRONMENTAL TIP OF THE MONTH

By Lorraine Roulston

**EFFECTIVE WAYS TO WASH PESTICIDES FROM FOOD:** Rinsing pesticides from fruit/veggie grocery stores under running tap water is the most common practice; however, in our world of continued pesticide use, we should become extra vigilant. It is more effective to use a bowl of water and include a bit of salt, vinegar, or baking soda to wash fresh produce and let soak for 15 minutes, then rinse.



## DEAL TAXI LTD.

*"Quality Service at a Fair Price"*

Licensed to Purchase & Deliver  
Alcoholic Beverages

1349 Trent River Rd. RR#3  
Havelock, ON K0L 1Z0



**Toll Free: 1-855-778-7979**

**705-778-7979**



**MATT BORRELLI  
CONSTRUCTION INC**

**CALL TODAY!**

**705.441.6716**

Specializing in custom home builds  
and general carpentry

✉ [mattborrelliconstruction@gmail.com](mailto:mattborrelliconstruction@gmail.com)

📷 [mattborrelliconstruction](https://www.instagram.com/mattborrelliconstruction)

🌐 [mattborrelliconstruction.ca](http://mattborrelliconstruction.ca)

**THECOTTAGEHAVELOCK.COM**

ALWAYS SOMETHING

**AMAZING**

*Stay tuned!*



100 OTTAWA STREET EAST - HAVELOCK | (705) 778-7011

# SEED STARTING 101 - PART 2

By Kathy Reid, Norwood and District Horticultural Society

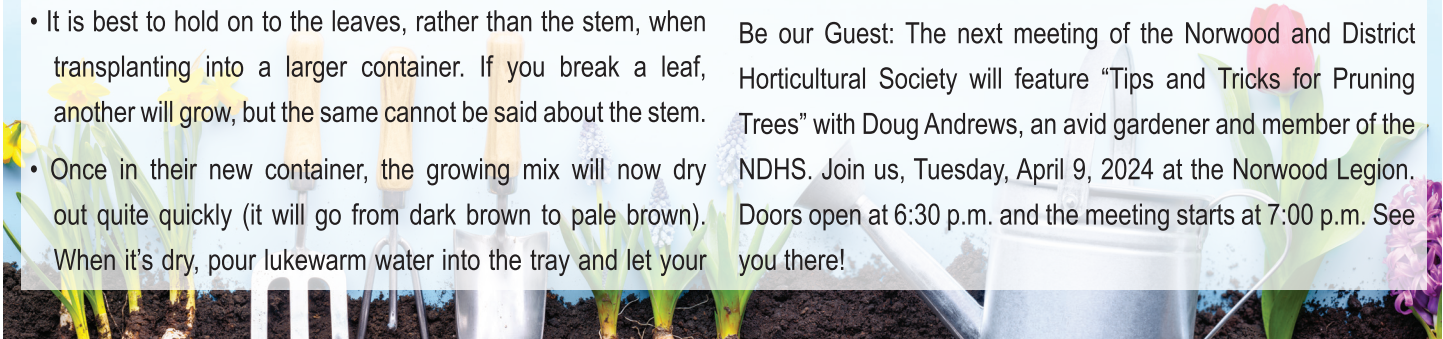
Congratulations on beginning your seed starting journey! Next task – transplanting your seedlings into larger containers.

- The first leaves that appear are called cotyledons and are usually very simple in appearance. When true leaves appear carefully lift the seedling out of the container using a popsicle stick or small spoon. If you have planted more than one seed in the container you will need to gently separate the seedlings making sure to not damage the roots.
- It is best to hold on to the leaves, rather than the stem, when transplanting into a larger container. If you break a leaf, another will grow, but the same cannot be said about the stem.
- Once in their new container, the growing mix will now dry out quite quickly (it will go from dark brown to pale brown). When it's dry, pour lukewarm water into the tray and let your

seedlings soak up the water they need.

- Continue adjusting the artificial lights, suspending them 6 to 8 inches above your growing plants.
- As the planting date approaches, you will need to harden off your young plants. This is easily accomplished by placing them in a sunny, protected area for a couple of hours each day, exposing them to the natural environment until you are ready to plant them in your garden.

Be our Guest: The next meeting of the Norwood and District Horticultural Society will feature "Tips and Tricks for Pruning Trees" with Doug Andrews, an avid gardener and member of the NDHS. Join us, Tuesday, April 9, 2024 at the Norwood Legion. Doors open at 6:30 p.m. and the meeting starts at 7:00 p.m. See you there!



## HAVELOCK COMMUNITY PHARMACY

- Fast Friendly Service
- 15% Seniors Discount Everyday

**PHARMASAVE®**



*Steve Petherick* *Pharmacist*

**Open 7 days a week**

- Free Delivery
- Gift Shop
- Prescription Transfers made Easy

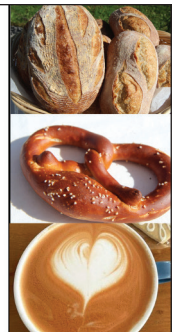
**705 778 3368**



**Organic sourdough bread,  
European pastries, lunch  
& specialty coffee**

4 Oak Street, Havelock  
705-778-2148  
wildflowerbakery.ca

Visit our website for current menu & hours



### CALL US TO BOOK A FREE DEMO

The holiday season is approaching us.

It's finally time to get together to communicate with family and friends.

Let us help you bring conversations back to life and make lasting memories.



DEMO DAYS

Trenton/Stirling  
613-955-1200  
Campbellford  
705-653-3277



**Hear Right Canada**  
Quality Hearing Care For Less

# MAYOR MARTIN AND CLIMATE CHANGE

By Sandra Caswell and Larry Pick

The Havelock Rail sat down with Mayor Jim Martin in late February to hear his thoughts about climate change, what HBM is doing to reduce greenhouse gas emissions, and ideas for the future.

As a fellow citizen, Jim Martin is aware that climate change is something everyone needs to focus on. At home, Jim's household recycles, composts (with the FoodCycler), and is ever vigilant to lights left on in empty rooms and the thermostat inching upward.

As Mayor Martin, he tries to bring a climate change lens to his council deliberations. And over the last few years, past and present councils have implemented numerous initiatives that produce less pollution or use less energy, including:

- All township streetlights and municipal building lights were converted to LED bulbs.
- Ongoing wastewater plant retrofits & upgrades resulting in more effective and energy efficient treatment of the town's wastewater.
- As garbage is one of the leading contributors to greenhouse gas emissions, the township has focused on promoting composting & recycling; installing compost bins at transfer stations; introducing clear bag requirements; and supporting the onsite charitable can/bottle recycling program.

- Storm Preparation Fund established after the 2022 Derecho to help with that cleanup, and support the township in future storm situations.
- Environmental Grants available to local lake associations to support shoreline protection, water testing and environmental education.
- Bi-annual Tree Planting Program - the township gives away trees for local planting (next give away is Fall 2025).
- Sponsored the FoodCycler subsidy program.

There is certainly a lot to be proud of here. But Mayor Martin knows there's so much more that could be done, one day: converting the township fleet to e-vehicles where possible; installing more EV charging stations (did you know there's already one by the Petro Canada? That was news to me!); and keeping watch for federal & provincial funding programs that help homeowners improve the energy efficiency of their homes.

These are just ideas so don't go calling the Mayor's office to find out when they'll be implemented. Mayor Martin would like to see more ideas and momentum and more involvement from individuals. No one level of government or one person can make all the difference, but collectively so much can be accomplished. As Mayor Martin says, changing the tide of climate change will need the collective efforts of the many; even small actions will important.





**James Bell, Manager**  
jbell@havelockhh.com

---

**Havelock Home Hardware**  
T: 705-778-1222

Store hours: Mon-Sat 8-6pm and Sun 9-4pm



**Matt Haines**  
705-930-PUMP (7867)  
Hainesconcretepumping@gmail.com

**HAINES**  
CONCRETE PUMPING

# HAVELOCK SENIORS CENTRE – OPEN HOUSE – OPEN FOR BUSINESS BOMBHELL MINISTRY ANNOUNCEMENT

By Laurie Deshane

In the past years, as I have walked down George Street, I noticed that the Seniors Centre's spacious facility was under used! When I worked across the street in the late 90's and early 2000's there was so much activity that you were unable to find a parking spot. But most recently, I have now noticed some hustle and bustle on George Street; it seems the Seniors Centre has been busy finding programs to encourage seniors to attend.

In November 2023, Mary Pequegnat was elected President of the Seniors Centre. She has made it her mission along with dedicated volunteers to bring the Centre back to life! They are offering Luncheons every 2nd and 4th Wednesday of the month (full meal with coffee/tea). There is a Morning "Drop In" with a light breakfast and coffee from 8-10am Monday to Friday (donation). There is Chair Yoga every Monday and Thursday; Line Dancing on Fridays! They have Floor Shuffle Board and Euchre. Sunday Night is BINGO! The list goes on! Through government funding they were able to hire a Program Coordinator, Edna Latone for a 1 year contract. Her mandate is to increase active programs for seniors in the community partnering with local organizations to combine resources! I think it's working!

There was a surprise announcement from the Ministry at the Seniors Centre Open House on March 14, 2024!

*The Honourable Raymond Cho*, Minister for Seniors and Accessibility, *Member of Provincial Parliament Dave Smith*, Peterborough-Kawartha, *Peterborough County Warden Bonnie Clark*, *Havelock-Belmont-Methuen Township Mayor Jim Martin*, local dignitaries, and Township representatives were in attendance. **They were here to celebrate the approval of up to \$65,000 in annual government funding through the Seniors Activity Living Centre (SALC) program for the Havelock Seniors Centre.**

This is a landmark decision for Havelock Belmont Methuen Township and a proud moment for the community. Funding allocated annually to the Seniors Centre to increase their membership and presence in the community. There are 360 centres across Canada and the Havelock Seniors Centre has been added to that list. Partnering with local organizations they will be a hub that will be able to provide the township with the best resources for the Centre (SALC). The Seniors Centre has been independently owned and operated for over 36 years; and even

during the COVID pandemic; they managed to stay open; mostly because of their many loyal volunteers. Now that they are being recognized by the government as part of the Seniors Activity Living Centre Program they can continue to provide programs to their members and the community.

**MP Dave Smith** was extremely happy and proud to be here to announce that funding will now be available to the Seniors Centre. This means that the government has the ability to find the money for provincial support on an annual basis to help the centre successfully move forward year after year. **Warden Bonnie Clark** felt very proud to be a part of this and congratulated the Township and Community for this exciting news! She spoke about the advocacy of the volunteers to be able to acquire this funding and the enormous benefits to the community. **Jim Martin, Mayor** was beaming with pride as he thanked everyone involved in making this happen. The grant writing process is extreme and intense; and he emphasized and thanked the municipality, staff, Mary Pequegnat, President, Seniors Centre, Edna Latone, Program Coordinator, Shari Gottschalk, Economic Development Officer and everyone else involved who were instrumental in providing their expertise and input to ensure a comprehensive and accurate grant application was

submitted and accepted! As you can see it takes a village to accomplish a feat such as this!

**Honourable Raymond Cho, Minister for Seniors and Accessibility** was personable, cheerful and very pleased to present this funding to Havelock. *Honourable Raymond Cho* (87) has been in politics for over 30 years and is the most senior official to ever be elected in the provincial or federal election across Canada. And here he is in our little township advocating for our Seniors. He lobbied hard, along with MP Dave Smith, to provide Havelock Belmont Methuen Township with this funding.

The Open House was a huge success with a full room! Our community should be very proud of this auspicious honour! We are on the map! It's uphill for the seniors from here-on-in. Now it's your turn: support and join the Seniors Club, 50+ years young for only \$15 a year. Check out their programs on FB, call 705-778-2386 or stop in for more information. It's all up to you!



# SPORTS

## HAVELOCK HAWKS

By Keri Toms

Our Hatchling's hit the ice for the last time back on February 28. This young group had a fun season of learning and growing. Thanks to Coach Jen and our on-ice helpers for leading the way!

The **U7** team has also finished up on the ice. They had a great season learning to play the game. The Hawks had fun at their Year End Wrap Up Tourney on March 2. This was hosted by the Centre Hastings Grizzlies. We'd like to say thanks to the U7 Bench staff for an awesome year!

Our **U9** Hawks ended their season with a close 3-1 loss against the Lakefield Chiefs. This team worked hard all season.

Our **U13's** continue to work hard. Although they skated away with a loss against the Bancroft Jets, it was an exciting game with Angus Toms securing his 100th Goal of the season. Way to go Angus! They have one game remaining in their season, facing off against the Chiefs. The last time they met, the Hawks left with a hard-fought 7-7 tie. After that, the

team will be travelling to Bancroft to play in their Wrap Up Tourney. Good Luck!

### UP COMING EVENTS AND DATES:

#### Havelock Minor Hockey Awards Banquet:

Tuesday, April 9 at 6:30pm - Lions Hall

#### HMH Annual General Meeting:

Monday, April 22 @ 6pm – Lions Hall. Open to the Public

#### Celebrate Havelock:

Saturday, May 11 - Come see us at Celebrate Havelock

#### 2024-2025 HMH Registration Open: Saturday, May 11

Check us out at [Havelockminorhockey.com](http://Havelockminorhockey.com) OR EMAIL us at: [Havelockminorhockey@gmail.com](mailto:Havelockminorhockey@gmail.com).



### U7 *By Brooke Wrightly*

The Havelock Hawk U7 team worked hard during this years season. They opened their year learning skills and practiced hard for the games they began playing in November.

Every player was given the opportunity to take a turn between the pipes. Vimy Ferguson and Leo DeMille shared the goal tending duties for the remainder of the season. A player of the game was chosen each game with the award going to #2, goalie Vimy Ferguson, #8 Mitch Hamilton, #11 Wyatt Middleton, #65 Briar King, #71 Bryson Colley-Leblanc, #87 Dekker Cagliostro, #9 Leopold DeMille, #88 Max Mahoney, #19 McKenna Bull, #91 Bailie Watson and #67 Colt Watson. The team also participated in 2 games in a jamboree hosted by Central Hastings (marmora).

The team was coached by head coach Matt DeMille, assistant coaches Josh Middleton and Jeff King, trainer Mike Hamilton and manager Vicki Blakely.

# SPORTS

## BEAVERS

By Brooke Wrightly



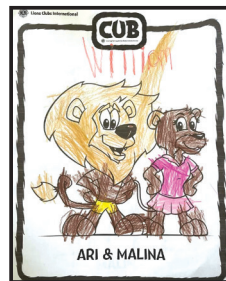
The **1ST HAVELOCK BEAVERS** recently had a very fun night working on their Pet Care Badge. Scouter Kim kindly brought poodle Dahlia and her puppies to visit with the group. "We talked about the puppies and how we were caring for them, how we keep them safe and what they eat," shared scouter Kim.

It was then important for all the youngsters to wash their hands before having the chance to sit quietly and snuggle with the puppies. "Even mom Dahlia was giving out doggie kisses to the kids as she knew her babes were safe!"



Beaver member Hudson used some of the meeting time to demonstrate the robotic hand he has been building at home to work on his independent science badge.

# COLOURING CONTEST WINNERS



William Weatherup, age 4



Evie Carnrite, age 10

The Havelock Rail Colouring Contest colouring pages can be found in the Havelock Rail mail box at 35 Concession Street Havelock or online at the Havelock Rail Colouring Contest page on Facebook after the 17th of each month.

Completed pages can be submitted on the Havelock Rail Colouring Contest Facebook Page no later than the 15th of the month. There are two winners selected every month in two age categories 2-6 years old and 7-12 years old. Winners will receive a gift card to a local business or a special gift from a local sponsor. We look forward to seeing your entries every month! New pages are available by the 17th of each month.



# SPRING HAS SPRUNG IN PETERBOROUGH COUNTY

and we are excited for the many projects 2024 has in store!

## LOOK TO THE RAIL

for updates on Peterborough County initiatives over the coming months!



# NORWOOD DISTRICT HIGH SCHOOL HALL OF HONOUR By Rosemary Tom

The Norwood District High School Hall of Honour was established in 1990 to recognize and celebrate graduates from NDHS who have: excelled in their career, contributed to education in their field and/or contributed to their community in significant ways. The inductees are former graduates who have exemplified good character throughout their lives. Hall of Honour inductees are recognized at the commencement ceremony in June providing inspiration for the graduating class.

Hall of Honour inductees must have graduated from N.D.H.S and studied at the school for at least two years. They may nominate themselves or be nominated by a family member or friend. An application package can be requested by emailing [rosemary\\_toms@kprdsb.ca](mailto:rosemary_toms@kprdsb.ca). Submitted packages will be reviewed by a committee who will then select the inductee. Applications will also be kept on file for future consideration. This year's application deadline is May 10th.



## FIND THE DAFFODIL

Find the five daffodils embedded in the ads of our supportive advertisers and send your answers to [ottleydeb@gmail.com](mailto:ottleydeb@gmail.com) and win six Scones from the Comfort Scone Bakery in Havelock, donated by Debbie Ottley.



The March winner of the Havelock Rail T-Shirt is Lu Miller.



## Havelock Sharpening & Small Engine Repair



6289 Hwy 7 Havelock, ON  
705-977-5897

Open

Monday-Friday 9:00am-5:00pm  
Saturday 9:00am-12:00pm

We offer... sharpening services, small engine repairs (lawn and garden service on all makes and models), custom fabrication (welding), antique lawn tractor restoration, a variety of products available in stock.

We have a variety of AMSOIL products in stock.



## Heating & Cooling

705-778-7877

[info@keneticenergy.ca](mailto:info@keneticenergy.ca)

**Sales • Service • Installation**  
All Makes • Gas • Propane • Oil • Electric





## RECIPE

# RHUBARB CRISP

By Kathy Clement

- 6 cups rhubarb rinsed and chopped
- 2/3 cup white sugar
- 3 tbsp. flour
- 1/2 tsp. cinnamon

### TOPPING

- 3/4 cup rolled oats
- 3/4 cup brown sugar
- 6 tbsp. flour
- 1/2 tsp. cinnamon
- 6 tbsp. butter



Preheat the oven to 350. Toss the rhubarb with the sugar, flour and cinnamon. Place in an 8" x 8" pan. In a separate bowl, combine the toppings. Sprinkle over the rhubarb mixture. Bake for 35 minutes or until rhubarb is tender and topping is golden.

NOTE: To make strawberry rhubarb crisp use 3 cups strawberries and 3 cups rhubarb. Increase the flour in the filling to 1/3 cup.



**Melissa Neuman**  
*Travelling Foot Care Nurse*  
**705-991-1440**  
*restoreyoursolefootcare@gmail.com*  
 f **restoreyoursolefootcare**

**Restore Your Sole Footcare**



**Emery's Plumbing**  
*Havelock*  
**(705) 778-3064**

## RECYCLING 2.0

By Larry Pick

Clarity in the recycling process can be elusive. With help from Kerri and Lori from the County and Circular Materials respectively we'll look at a snapshot of the overall process and zero in on a few particulars.

In 2022 the Province of Ontario recorded a Diversion Rate of 49.5%. The diversion rate is the proportion by weight of all material diverted from disposal (e.g., landfill or incineration) to the total of all waste material generated. The diversion rate is separate and different from a recycling rate. The recycling rate is the amount of material recycled. Due to contamination, not all diverted materials can be processed. The County of Peterborough has reported a Diversion rate for the same period of 54%. Way to go County Residents!

### FACT OR FICTION?

**Fact:** If you cut the zipper from the top of a plastic storage/sandwich bag, the bag can be recycled. Please pack all recyclable bags into a larger bag for recycling.

**Fact:** Tim Horton's cups (and other beverage cups but not Styrofoam) are not a paper product. These items are recycled along with other containers – plastic, metal and glass.

**Fact:** Lids from plastic and glass containers should be placed back on the containers (after rinsing solid and liquid contaminants from the container) to ensure that the lids are recycled.

**Fact:** Large Styrofoam packaging material will end up in the dumpster if you take it to a transfer station. It cannot be put in blue box: no Styrofoam should be put in the blue box. Large Styrofoam material can be deposited at the Pido Road center. There are companies from within Ontario and other places who will take the material for recycling. No information was available on who or where. Also, no information on how much revenue/cost is involved in recycling Styrofoam chunks.

In summary today, we seem to be doing a good job at recycling. There will always be some gray areas and we can all keep recycling top of mind when purchasing products and in our daily lives.

# COUNCIL CORNER

By Donelda Fraser

## Meeting held on March 5 and 19, 2024.

- Delegation from Eastern Ontario Regional Network, presenter Jason St. Pierre, Chief Executive Officer. Cell Gap Project is to close the digital cell gap in the eastern area of Peterborough County and Havelock Belmont Methuen Township. Moving forward to close the dead zone in certain areas. Sites in HBM Township being six, with sites in Cordova Lake, Covia Site, Methuen Lake to begin in March. The other three Jack Lake looking for sites, Fire Rd. 60, Hubble Road built but not in service yet, and Rockdale. Working diligently to closing the gap.
- Ray Haines gave an Incident Summary Report. Councillor Doherty requested that both the Chief and Deputy Chief's attendance be included in future reports. Motion made and carried.
- Josh Storey Requesting that \$10,000 be moved from reserve to operating capital to purchase indoor sports equipment. Lengthy discussion ensued and eventually motion was made and carried.
- Travis Toms, Chief Building Official addressed council about Animal Control By-Law and the entering into an Agreement with Peterborough Humane Society. A lengthy discussion ensued. Financial impact is \$6000.00 with a 1% increase yearly. Noting that they would only be called in for more complex situations. Council was in favour of this agreement.
- Bob Angione CAO/Clerk informed the council that Hearing Officer is to be appointed for the Administrative Penalty System. After several interviews the candidate M. Susan Guzzo is being recommended. Motion made and carried.

ROAR  
OF  
THE



**Lions Vision Screening:** After 6 years, Lions Clubs are returning to our local schools to do vision and hearing screening. Vision develops over the first 5 years of life. It's important to prevent vision and possible blindness. 80% of what children learn comes from their eyes and vision. It is estimated that one in six children has a vision problem. Vision problems should be detected before they affect a child's performance in school. Vision problems need to be caught early to preserve the vision to maximize a child's potential. Children are checked for "Amblyogenic or Lazy eye" factors.

Hearing Screening is a 2 to 3 minute service to check each child's ear. No attempt will be made to check the health of the eyes. A vision screening does not replace a complete eye exam and it will not identify every child with an eye problem. Each vision screening team has its own success stories: Severe eye problems detected and now being treated. A brain tumor discovered as a result of the Vision Screening Program.

So please say "yes" when the permission form comes home so that we can make a difference even to just one child.



# H-B-M HAPPENINGS



Township of Havelock-Belmont-Methuen

1 Ottawa Street E. P.O. Box 10, Havelock, ON K0L 1Z0

www.hbmtwp.ca • Email: havbelmet@hbmtwp.ca

Phone: 705-778-2308 Fax: 705-778-5248

*Please note this was sent to publication as of March 20th, 2024*

## COUNCIL MEETING SCHEDULE:

Please note all meetings are held in person within the Council Chamber and via video conference. All meetings will begin at 9:30am unless otherwise advertised.

- Tuesday, April 2nd, 2024 - Regular Council Meeting
  - Tuesday, April 16th, 2024 - Regular Council Meeting
- Meeting dates are subject to change, please visit the Township Website [www.hbmtwp.ca](http://www.hbmtwp.ca) for more information.

## SPRING LEAF AND YARD COLLECTION:

Village of Havelock Leaf and Yard collection will take place:

- April 22nd to April 26th
- May 6th to May 10th
- May 20th to May 24th

Collection may occur any day from Monday to Friday, not necessarily on garbage or recycling day. All questions/concerns regarding Leaf and Yard Collection can be directed to Emterra Environmental at 1-888-597-1541. There are no limits and no tags required for leaf and yard materials. For more info visit [www.ptbocounty.ca](http://www.ptbocounty.ca).

## SPRING PITCH-IN WEEK:

Spring is here and it's time to clean up! Help us keep our community clean by participating in PITCH-IN WEEK, which runs from Monday, April 15th to Friday, April 19th leading up to Earth Day, which falls on Monday April 22nd, 2024, this year.

Want to volunteer or need more info? Contact Shari Gottschalk at [ecdev@hbmtwp.ca](mailto:ecdev@hbmtwp.ca) or 705-778-2308, ext.123 or stop by the Township office at 1 Ottawa St E to register and pick up garbage bags, gloves and there are no fees for garbage collected. Registered volunteers who provide proof of collection, by using the yellow Pitch-in Week (see through) bags and for tagging the @TownshipofHavelockBelmontMethuen Facebook page and in your #Pitch-In2024 posts, will be entered into a draw for a \$50 Tim Hortons gift card.

## HYDRANT FLUSHING NOTICE:

The Public Works department will be flushing hydrants, as part of our maintenance program. Here are the dates:

- Monday, April 22nd to Friday, April 26th
- Monday, April 29th to Friday, May 3rd

During this time residents may experience discoloured water. If this occurs, it would be advisable to refrain from doing laundry or using hot water until it clears. Your cooperation in this matter is greatly appreciated.

## ELECTORAL WARD SURVEY:

Council is reviewing the electoral ward system within the Township and is seeking input from the community. To that end, a Ward System survey was inserted into your interim tax bill. We ask that you complete the survey, mail, or drop the survey off to the municipality office. Alternatively, you can complete an online Ward System survey online at [www.hbmtwp.ca](http://www.hbmtwp.ca).

There are three (3) possible options regarding the composition of the electoral ward system within the township:

1. Leave the electoral ward system unchanged;
2. Redraw the boundaries of the two current wards to allow for an equal number of eligible voters in each ward, or;
3. Eliminate the ward system and elect all Members of Council at-large whereby all eligible voters within the entire Township would be casting ballots for Mayor, Deputy Mayor, and three Councillors.

Please be sure to complete your survey to have your voice heard.

## PUBLIC WORKS REQUEST FOR QUOTATION:

We are accepting sealed quotations, plainly marked as to contents, and directed to Peter Lauesen, Manager of Public Works. The submission deadline is 11:00 a.m., Wednesday April 17th, 2024, and is open for the following:

- RFQ # PW-2024-01, Granular Materials for Maintenance and Construction Season 2024
- RFQ # PW-2024-02, Hired Equipment for the Construction Season 2024

All quotations are to be submitted on forms available at Township office or website [www.hbmtwp.ca](http://www.hbmtwp.ca), or by emailing [lhutton@hbmtwp.ca](mailto:lhutton@hbmtwp.ca). Lowest, or any quotation, are not necessarily accepted.

# COMMUNITY CALENDAR OF EVENTS

## A List of Local Events in Your Community

### MONDAY

**Community Care: Seated Yoga** every Monday at noon (17 Smith Dr.).

**Community Care: Blood Pressure Clinic** April 1, 15 & 29, 9:30-10:30am. (17 Smith Dr.).

**Community Care: Zoom Exercises** please contact CC at [www.zoom.us](http://www.zoom.us) or call the office.

**Havelock Seniors: Drop in for a Light Breakfast** 8-10am donation only.

**Havelock Seniors: Chair Yoga** 11am-12pm. \$2.

### TUESDAY

**The Legion: Zumba** exercises for seniors, 9:30-10:30am.

**The Legion: Cardio & Weights** 10:45-11:45am (bring your own weights).

**Community Care: Zoom Exercises** please contact CC at [www.zoom.us](http://www.zoom.us) or call the office.

**Havelock Seniors: Drop in for a Light Breakfast** 8-10am donation only.

**Havelock Seniors: Regular Euchre** from 7-9:30pm (bring a snack to share).

**Havelock Centre: Laugh N Learn Playgroup** every Tuesday, 9:30-11am. Snacks & coffee provided. (30 George St).

**Havelock Centre: Seniors Social** April 9. Holly Leis will run a "natural garden remedies" talk from 1-2:30pm.

### WEDNESDAY

**Community Care: Diners Club** April 3 & 17. United Church.

**Havelock Seniors: Diners** April 10 & 24. Please call 705-957-7596 if possible for seating. \$13.

**Havelock Seniors: Drop in for a Light Breakfast** 8-10am donation only.

**The Legion: Line Dancing** from 9:30-10:30am.

**The Legion: Cardio & Weights** from 10:45-11:30am (bring your own weights).

**The Legion: Body Balance** from 11:40am to 12:15pm.

**Havelock Town Hall: Weekday Jammers**, doors open at 12pm.

**Havelock Centre: TOPS (Take off pounds sensibly)** 6:30-8pm (George & Orange St.).

**Community Care: Zoom Exercises** please contact CC at [www.zoom.us](http://www.zoom.us) or call the office.

**Cordova Community Centre: Yoga** every Wednesday, 5-6:30pm and 7-8:30pm. \$18. Please contact 705-760-1296 for more information.

### THURSDAY

**Havelock Seniors: Drop in for a Light Breakfast** 8-10am donation only.

**Havelock Seniors: Chair Yoga** from 11am-12pm. \$2.

**Havelock Seniors: Bid Euchre** every Thursday 1pm (doors open at 12:30) \$5.

### THURSDAY CONT...

**Community Care: Zoom Exercises** please contact CC at [www.zoom.us](http://www.zoom.us) or call the office.

**Havelock Centre: Career Edge Hub** 9am-12pm, free drop in employment counselling & services.

**Havelock Centre: Men's Night** at 7pm (discussion group with snacks).

**Havelock Centre: Evan Coghlan** April 4, 6:30-8:30 (A seminar on Parenting in the Digital Age).

### FRIDAY

**Havelock Seniors: Drop in for a Light Breakfast** 8-10am donation only.

**The Legion: Shuffleboard** at 1pm and **Darts** at 7pm.

**The Legion: Blind Draw Double Darts** 7pm start, everyone welcome.

**Cordova Community Centre: Yoga** every Friday 10:30-11:30am. \$18. Please contact 705-760-1296 for more information.

**Havelock Centre: Open Mic Music Night** 1st & 3rd Fridays at 6pm. Any questions please call Rolf at 705-875-8018. (February 2nd & 16th).

**Havelock Centre: Second Harvest Food Program** 2nd & 4th Friday 10-11am.

### SATURDAY

**Havelock Seniors: Bid Euchre Tournament** April 6, doors open at 11:30am and food is available \$.

**The Legion:** opens at 1pm and **Meat Draw** at 3pm (8 Ottawa St.).

**Havelock Centre: Spring Fling Market** April 27, presented by Oak & Ivy Designs from 10am-3pm.

**Cordova Mines Rec Group: Spring Dinner** April 27, 6pm \$20 per person.

**Havelock Library: The Birds of Prey** April 20, 2:30pm.

### SUNDAY

**Havelock Stone Hall Sessions Concert Series:** 4th Sunday of every month at 2pm (Highway 7 and 6th Line.).

**Havelock Seniors: Bingo** at 6:30pm, doors open at 5pm, light lunch available.

### SUNDAY - CHURCH SERVICES

**St. Johns Anglican Church** 1st and 3rd Sunday Communion.

**Havelock Fellowship Baptist Church** 10:30am.

**Havelock United Church** 10am.

**Our Lady of Mount Carmel Catholic Church** Mass at 9am.

**Cordova United Church** 9:30am every Sunday.

**Knox Presbyterian Church** 11am-12pm.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS.  
Please submit your events to [havelockrail.cevents@gmail.com](mailto:havelockrail.cevents@gmail.com) prior to the 10th of each month.